STANLEY PARK JUNIOR SCHOOL

Stanley Park Road, Carshalton, Surrey SM5 3JL

A Foundation School in the London Borough of Sutton

www.spjs.org

E-mail: office@spjs.org Telephone: 020 8647 7497



Walk to School Week 2023 - Walk with Wildlife 22^{nd -} 25th May

Dear Parent/Carers,

As part of our Personal, Social, Citizenship, Health and Economics (PSCHE) Curriculum, SPJS are taking part in Walk to School Week. During the week, we are encouraging all children who can to walk to school. We appreciate that walking to school is not always an easy option, however, it would be good to see as many children walking **one day** out of the week, if possible.

How we will be taking part in Walk to School Week

All classes will have a Walk to School wall chart in their classroom. Each day your child walks to school, they will tick the wall chart. If your child has walked to school <u>and</u> has ticked the wall chart <u>at least once a week</u>, they will receive a Walk to School badge.

Walking to school could include walking the entire way, riding a bike, scooter or even driving part of the way and then walking the rest! If you live further away from school, therefore walking to school would be difficult, why not park close to school and then walk from there! On the next page is a map of our local area. If you park outside the shaded area and then walk to school, your child is able to tick the chart for walking to school.

Why walking to school can be good for us

There are many benefits of walking to school, here are just a few:

- Children who do some form of exercise, especially a walk before school arrive fit, refreshed and ready to learn;
- Walking helps to keep our bodies healthy and is good for us;
- Walking takes cars off the road and fewer cars means less traffic, and less traffic makes our roads feel safer;
- Fewer cars on the road means less air pollution;
- Walking to school is fun! It's a great time for talking too!

We look forward to seeing many children arriving to school on foot!

Mrs Khan PSCHE Coordinator

Headteacher: Amanda J Lamy BA (Hons)
Deputy Headteacher: Julia Burridge BA (Hons)

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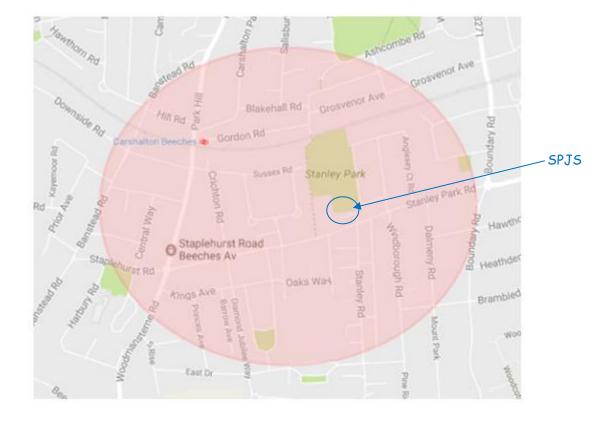
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